

1. <u>COMPETITION RULES</u>: Current International Modern Pentathlon Union (UIPM) as amended by the Conseil International du Sport Militaire (CISM) Modern Pentathlon Sports Committee.

2. ELIGIBILITY:

- a. For all events and categories, only those athletes who are selected to the U.S. Armed Forces Modern Pentathlon Team (CISM Team or the Team) can represent the United States at this event. Only athletes who are active duty military, guard, or reserve will receive selection consideration.
- b. All athletes must have a valid USA Pentathlon Multisport (USAPM) license/membership in good standing and meet all eligibility requirements of USAPM, UIPM, U.S. Armed Forces Sports and CISM.
- c. All athletes must be in good standing with USAPM, UIPM, CISM, U.S. Armed Forces Sports and the United States Anti-Doping Agency (USADA).
- d. Athletes holding a USAPM license will obtain a UIPM international license upon selection to the CISM Team. USAPM can assist athletes in obtaining a UIPM license. Athletes must also possess a current Passport. Failure to secure either of these documents in a timely manner, as determined by the Team Manager, will result in dismissal from the Team.

3. <u>APPLICATION PROCESS</u>. All applicants shall:

- a. Complete the appropriate sports application for the respective Service branch by the prescribed deadline.
- b. Send to the athlete's appropriate Service branch sports office. Application deadlines will be announced in advance based upon the schedule for CISM World Championship events. CISM Team application deadlines will be announced accordingly.
- c. Applications/Application process can be found visiting the following website: https://armedforcessports.defense.gov/For-Athletes/How-to-Apply. (Follow your Service logo)

4. SELECTION CRITERIA:

- a. There will be no automatic selections to the CISM Team; all selections will be discretionary. All eligible athletes will be given the same selection consideration with no preference given to members of specific clubs, teams, or geographic regions.
- b. Discretionary team selection will be made by the Team Manager, in consultation with a selection panel. The primary purpose is to select the best physically, psychologically and technically prepared athlete(s) in order to produce medal-winning performances. Based on the context of the situation, the selection panel will evaluate which athletes should be selected to the team in order to field the strongest, soundest and most unified team for this event. Discretionary selections shall be based on the following prioritized criteria:

- 1) CISM medal potential:
- a) A recent history of top finishes at CISM World Championships, UIPM, or USAPM sanctioned domestic competitive level events;
- b) Consistently placing high among top-quality fields at international or domestic sanctioned competitive level events;
- d) A recent history of strong performance in international or domestic elite competition that would indicate CISM medal potential;
 - d) Nationally ranked in the top ten within USAPM.
- 2) Capable of enhancing team performance: An athlete who can enhance team performance is one who, based on experience and current level of performance, is expected to contribute substantially to the overall team performance or to the performance of a medal capable team member. In the case of our selection philosophy, this is deemed to be particularly important in the special case where a medal capable individual has been selected to the team and the athlete's contribution may assist the medal capable athlete in a team medal winning performance.
- c. There is no requirement to fill the roster for each specific designated CISM event or gender. Selections will be made based on the ability of athletes to meet the selection criteria.
- d. The selection procedures may be subject to change based on the host country or CISM Modern Pentathlon Sports Committee.

5. SELECTED ATHLETES

- a. Selected athletes are expected to compete in a regular schedule of training and races, as approved by the Team Manager, between the team selection and the CISM Championship. The reason for schedule approval is to ensure the athlete's focus is on CISM Team preparation.
- b. The Team Manager will nominate/select and manage all athletes and staff who participate in these events.
- c. All aspects of the team travel, and all on-site logistics and housing for this event will be centrally managed. All athletes and staff who are part of the official U.S. Armed Forces Modern Pentathlon Team delegation for this event must function as a team.
- d. U.S. Armed Forces Sports and U.S. Armed Forces Modern Pentathlon committee will not be responsible for or manage logistics for personal team managers, personal coaches/staff, athletes' families, spouses, friends or significant others. It will be the responsibility of these individuals to make separate arrangements for housing, food and transportation and they will be responsible for all costs related to any separate arrangements they might make. Additionally, these individuals will not be credentialed as part of the CISM Team for this event and will therefore not be allowed in the USA Team cabin(s) or pit areas unless specifically granted that privilege by the Team Manager.
- e. If possible, the CISM Delegation will be gathered together for staging prior to departure. This normally will be approximately 3-5 days prior to the start of the CISM Championship.

- f. Athletes are expected to arrive with all identified requirements, as directed by the designated Team Manager.
- g. The number of athlete start positions per event and category is determined in each event by the host country and the CISM Modern Pentathlon Sport Committee. These selection procedures have been developed based on the most recent information regarding the events, athlete participation, team qualification and team size.
- h. All athletes selected to the CISM Team must sign prior to and as a condition of being selected to the CISM Team, and abide by all required forms including, but not limited to:
 - 1) Armed Forces Sports Higher Level Advancement Form OCONUS (Appendix C)
 - 2) Armed Forces Sports Athlete Code of Conduct (Appendix D)
 - 3) CISM Anti-Doping Education and Declaration Form (Appendix L)
- 4) Coaches, Team Captains and Chiefs of Mission must sign the aforementioned forms, with the exception of Appendix (L). Coaches and Team Captains must also sign the Team Captain/Coach Letter of Instruction (LOI) (Appendix G); and the Chiefs of Mission must sign their respective LOI (Appendix I).
- 5) The above forms and information books can be found on the U.S. Armed Forces Sports web site (armedforcessports.defense.gov).
- 6) Failure to complete the forms and sign the agreements will result in dismissal from the Team. Failure to abide by these and other required agreements will result in dismissal from the Team.
- i. All athletes and staff must abide by all USAPM, UIPM, CISM, WADA and USADA antidoping regulations prior to, during and after the competition period for this event per WADA antidoping regulations. Athletes failing or refusing to sign the "CISM Athlete Consent Form" for antidoping screening shall be deemed ineligible from all competitions and will be considered a violation of the Armed Forces Sports Athlete Code of Conduct policy. In the event of a positive "A" sample, this clause applies starting from the notification of the abnormal analysis result to the athlete.
- 6. <u>ALTERNATE AND REPLACEMENT ATHLETES</u>: Alternates MAY be selected in each event. If alternates are named, they will be prioritized and may be selected to replace a selected athlete. Selected athletes may be replaced if injury or illness prevents them from 100% participation in the CISM Championship competition. If an athlete is removed by ineligibility, illness or injury, positive drug testing for a banned substance or fails medical control procedures; voluntarily resigns, or is a recipient of USAPM, UIPM or Armed Forces disciplinary actions, the athlete MAY be replaced. Replacement of athletes must comply with U.S. Armed Forces rules and CISM event entry deadlines.
- 7. <u>COMPETITION RULES AND GUIDELINES</u>: Within the United States, USAPM rules apply. Regulations of the UIPM Rules and the CISM Modern Pentathlon Sport Committee govern conduct of the CISM Modern Pentathlon Championship events. General CISM rules govern other aspects of the CISM event.

8. TYPICAL SCHEDULE OF CISM EVENTS:

1st day: Arrival of mission

2nd day: Technical meetings, opening ceremony, and training

3rd day: Qualifications 4rd day: Qualifications

5th day: Finals 6th day: Finals 7th day: Cultural day

8th day: Relays 9th day: Relays

10th day: Departure of missions

9. CISM DELEGATION COMPOSITION

Composition of the CISM Delegation as governed by CISM Modern Pentathlon rules:

- 4 Athletes (male)
- 4 Athletes (female)
- 1 Chief of Mission
- 1 Team Captain
- 2 Coaches (1-men's team; 1-women's team)

Total = 12

10. TYPICAL COMPETITIVE EVENTS IN A CISM WORLD CHAMPIONSHIP

- a. Individual, team and relay classifications/competitions.
- b. The five disciplines of Modern Pentathlon:
 - 1) **Fencing** (Electric Epée)
 - 2) **Swimming**: 200m Freestyle (Individual); 2 x 100m Freestyle (Relay)
 - 3) Riding:
- a) Individual. 12 obstacles, 350-400 m course consisting of 12 obstacles, a combination of two elements (a double) and another of three elements (a triple) must be included. A minimum of 5 elements must set at the maximum height relevant to the status of the CISM Competition. The height of the course must be made in accordance with the horses' status.
- b) Team relay. 8 obstacles (with 2 pentathletes and 2 horses), 2 x 260m-300m course (without combination). Regional competitions may utilize one horse per team: 6 obstacles, 2 x 260m-300m course (without combination).

^{*} The final authorization for delegation size is based upon the host country, CISM Modern Pentathlon rules, and U.S. Armed Forces Sports.

- 4) Laser-Run (**Running** and **Shooting**): The Laser-Run event consists of shooting and running with handicap start in any surface. The shooting involves laser pistol shooting in series at 10 meters in a range equipped with targets each of the four series of shooting being followed by running for the distances shown immediately below:
 - a) Individual: 4 x [(5 targets down (time limit 50"); 800m run]
 - b) Relay: 2 x 2 [(5 targets down (time limit 50"); 800m run]